**Remember Me NFP, INC**

Contact information:

* 1. Contact person: **Nannette Prevost**
  2. Phone Number: **(727) 213-4845**
  3. Email: **nanprevost@gmail.com**
  4. Website: **https://www.programsforsuicideprevention.com**
  5. Address: **11212 Regal Lane , Largo, Fl 33774**

1. Does your organization have 501(c)(3) Status? **Yes**
2. What social issue(s) may students address through community service work at your organization?

**We are a support group for physical and mental health. We focus on peer to peer groups with like minded people dealing with stress of school, loss of a friend or family member to suicide or may know someone that is struggling. The idea is to help each other and show compassion . Our programs are fun and innovative and designed to educate you along the way with your circle of friends. In exchange we ask for you to learn the signs & symptoms of failing mental health produced by the American Foundation for Suicide Prevention called “ Talk Saves Lives”. Knowing it could save your life and your friend. We are stigma busters. Everyone is special. All participants will receive a suicide prevention swag bag kit with this information in it along with free support groups to NAMI if you would like class room time with more education. Our volunteers are surgeons, nurses, counselors and area athletes. We help mentor you as you mentor others.**

Do you have an age/grade requirement for volunteers? **Yes**

* 1. If yes, please specify: **under 16 must be accompanied by a trusted adult.**

1. What are some typical activities that students might perform if they complete community service hours with your organization? 2 programs\_-1. Paddle for Prevention- **You and a friend or group of your friends will paddle board aboard the megalodon , a 15 feet long and 5 feet wide paddle board at area beaches. We will paddle through mangrove trails at the Getaway near Gandy Bridge or on Indian Rock Beach as we talk about real life issues you may want to talk about with like minded people for support . You will learn how to paddle board , water safety, and mental health education while we have fun in a relaxing atmosphere using nature and water therapy. 2nd Program- Gizmo’s Pawesome Guide To Mental Health- for students that may go into teaching or like childcare. This is a 45 min music and literacy program for ages 2-12 with a trusted caregiver, family or friend that establishes a mental health care plan. We use puppets, musical instruments and storytime. We work on confidence and trust. You will help like a teacher's aid with assistance with the program such as reading a storybook and learning songs to perform.**
2. When can students volunteer at your organization? Tues & Sat.
   1. Days of the week? **Tues. 6pm at Largo Library starting Sept 13th for Gizmo class and Sat. for Paddle for Prevention. Every 2nd Sat @ 10 am-1 pm & 4th Sat at 5 pm.-8pm**
   2. Typical number of hours per week available/required? **Saturdays 3 hours and Tues 1 hour**
   3. Times they may volunteer? **As needed and what is available**
   4. Do you have students volunteer during the summer months? **Yes**
   5. Do you only offer community service hours during the summer? **No all year round**
3. Please briefly list any additional information that students may need to know about your organization if they are considering you as a community service agency: **All participants must sign a liability waiver form and in some cases if involved a media release.**

**In the Paddle for Prevention you must bring your own drinking water, have water shoes, towel, sunscreen and beach attire. All equipment is provided. We are able to accommodate up to 12 people at one outing. Times are subject to change due to weather. This program was created by Nan Prevost who holds a title as one of the fastest Paddle board Racers in the Tampa Bay Area with a Sponsor of boards from WaterSports West in Largo. Nan has paddled 2 Grand Canyons and has raced the roughest waters in Tampa Bay. She is a Surgical Nurse of 36 years at Morton Plant, State Facilitator For NAMI- Family to Family Peer Specialist and State Facilitator for “Talk Saves Lives” , with the American Foundation For Suicide Prevention.**